

## 2024 Aspire Gymnastics Academy Timetable - Robertson State School

Aspire Gymnastics Academy Contact number: 0435 226 458 ACN: 30 667 303 853

Class Name	Class Information	Yearly Rego	Total Hours	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RECREATIONAL STREAM - CLUB LEVEL									
Kindy Gym	Recreational 3-4 years	\$65	Min. 45min/wk	3:30-4:15pm (45m)	3:30-4:15pm (45m)				9:00-9:45am (45m) 10:00-10:45am (45m)
Rec Beginner	Recreational 5-6 years	\$100	Min. 1hr/wk	3:30-4:30pm (1)	3:30-4:30pm (1)	3:30-4:30pm (1)	3:30-4:30pm (1)	3:30-4:30pm (1)	9:45-10:45am (1) 1:00-2:00pm (1)
Rec Advanced	Recreational 7-10 years	\$100	Min. 2hr/week	4:30-6:30pm (2)	4:30-6:30pm (2)	4:30-6:30pm (2)	4:30-6:30pm (2)	4:30-6:30pm (2)	10:45-12:45pm (2)
NATIONAL LEVEL STREAM - STATE LEVEL									
Level 1-2	Non-competitive levels (graded at competitions)	\$180	L1: Min. 1hr/week L2: Min. 2hr/week	3:30-4:30pm (1)	3:30-4:30pm (1)	3:30-4:30pm (1)		3:30-4:30pm (1)	10:45-11:45am (1)
Level 3-4	L3: passed L1-2 skills L4: passed L3	\$180	L3: Min. 4hr/week L4: Min. 6hr/week	4:30-6:30pm (2)	4:30-6:30pm (2)	4:30-6:30pm (2)		4:30-6:30pm (2)	10:45-12:45pm (2)
Level 5-6	L5: passed L4 L6: passed L5	\$180	L5: Min. 9hr/week L6: Min. 12hr/week	4:30-7:30pm (3)	4:30-7:30pm (3)	4:30-7:30pm (3)		4:30-7:30pm (3)	2:00-5:00pm (3)
Level 7-9	Advised by head coach	\$180	Min. 16hr/week	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)		4:30-8:30pm (4)	1:00-5:00pm (4)
AUSTRALIAN NATIONALS STREAM - HIGH PERFORMANCE LEVELS (BY INVITATION ONLY)									
Development Squad	8-10 years*	\$180	Min. 9hr/week	4:30-7:30pm (3)	4:30-7:30pm (3)			4:30-7:30pm (3)	2:00-5:00pm (3)
Sub-Junior Squad	10-12 years*	\$180	Min. 12hr/week	4:30-8:30pm (4)	4:30-8:30pm (4)			4:30-8:30pm (4)	1:00-5:00pm (4)
Pre-Junior Squad	12-14 years*	\$180	Min. 16hr/week	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	9:00-1:00pm (4)
High Performance	L10 National, Junior and Senior International	\$180	24hr/week	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	9:00-1:00pm (4)
Senior Group	16+ years*	\$180	24hr/week	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	4:30-8:30pm (4)	9:00-1:00pm (4)

<sup>\*</sup> Age as of 31st of December in competition year